



# TRANSITION CHEPSTOW

*Acting today for tomorrow*

## February 2018 Newsletter



### Towards a Plastic-Free Chepstow

Transition Chepstow is planning to launch a campaign later this year to reduce the amount of plastic used and thrown away in our town. The focus will be on reducing the amount of single-use plastic, replacing plastic with other materials that can be composted or disposed of safely, reusing materials as much as possible, and recycling wherever we can. We want to achieve a drastic reduction in the amount of plastic that ends up on the land and in the sea.

We are hoping to work with as many partners in the town and surrounding areas as possible, making businesses and households aware of what can be done to reduce plastic waste and making a real difference to our environment. If you would like to be part of the team developing, planning and then launching the campaign, please get in touch. If you have any ideas, questions, or time to spare please get in touch with Graham Eele on [plasticfree@transitionchepstow.org.uk](mailto:plasticfree@transitionchepstow.org.uk) or 01291 630168.



### Energy Network Meetings

Interested in sustainable energy? Join us for an [Energy Group](#) meeting on the first Wednesday of every month at 7.30pm at the Beaufort Hotel, in Chepstow. Upcoming dates: 7<sup>th</sup> February, 7<sup>th</sup> March and 4<sup>th</sup> April 2018.

Contact: [energy@transitionchepstow.org.uk](mailto:energy@transitionchepstow.org.uk)



### Grow Your Own Food at Hanley Landshare

Every Saturday 10am-12pm

Want to grow your own fruit and veg but don't have the space or know-how? You can now join us every Saturday morning at our Hanley Landshare Community Plot where you can swap your time for free produce. The project is in the field next to Hanley Farm Shop (A48). If you'd like more information or if the weather is looking bad and you'd like to check if we are meeting, please email Bridgette via [landshare@transitionchepstow.org.uk](mailto:landshare@transitionchepstow.org.uk).

We look forward to showing you around!

### Transition Chepstow Annual General Meeting

19<sup>th</sup> March 2018, 7.30pm

Regency Room, The Beaufort Hotel  
St Mary's Street, Chepstow

All welcome to a brief report on Transition Chepstow's activities in the past year and election of Steering Group members and Officers. There will be a discussion about future plans on Plastic Free Chepstow, Walking School Bus, and the Orchard Trail - we would appreciate your views. If you would like to take on a role in the Steering Group for a year, please contact [info@transitionchepstow.org.uk](mailto:info@transitionchepstow.org.uk) by 5<sup>th</sup> March 2018.



[TransitionChepstow.org.uk](http://TransitionChepstow.org.uk)



### Chepstow Orchards Trail

*"I'd walked past the trees many times  
but never really noticed them"*

On a very damp Monday morning in January, 25 intrepid members of Chepstow U3A's Strollers walking group, led by Transition members Pam and Graham, set out to test the new Chepstow Orchards Trail.

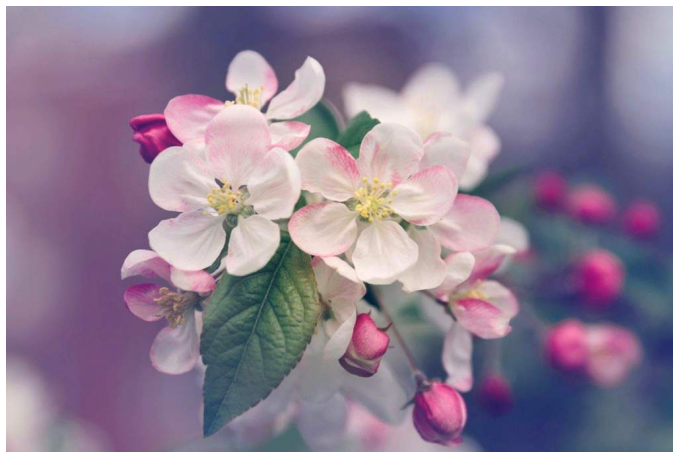
With a length of around 6 miles, the trail follows along many of the Community Orchards including the Dell, Fairview and Lewis Way, as well as other areas of interest such as Penterry Park meadow, Piggies Hill wildflower area and a stunning section of Wales Coast Path from Thornwell back towards Chepstow. There is also a shorter version of roughly 3 miles. Although it's steep in parts and there are one or two muddy areas, it's fully accessible and much easier walking at this time of year than countryside paths which are very muddy. It will be even more attractive at later times of the year when cowslips and orchids are in bloom in Penterry Park, bluebells along the Coast Path and apple, plum, pear and cherry blossoms in all the orchards.

The trail has been developed by the Orchard Group and will be launched at the [Chepstow Walkers are Welcome Festival](#) on Saturday, 7th April 2018, by which time a map and leaflet will be available, with more detailed information online. This group has been part of the Welsh Perry & Cider Society's Heritage of Orchards and Cider Making in Wales project, funded by the Heritage Lottery.

*"I've seen parts of Chepstow  
I never knew existed"*



*"So nice to have a really good walk  
around the town - we can do this regularly"*



### Help look after Chepstow's community orchards Saturday 10<sup>th</sup> and 24<sup>th</sup> February And Saturday 10<sup>th</sup> March

All welcome to join us and help check the trees and undertake any required winter pruning or adjustments to stakes and ties. No previous experience or tools required, exact locations and timings will be confirmed on our [website](#) closer to the time.

For more information contact Marcus via [food@transitionchepstow.org.uk](mailto:food@transitionchepstow.org.uk).

### Monmouthshire Well-Being Plan

There are only a few days remaining to comment on the Monmouthshire Well-Being Plan that was discussed at the last Health & Consciousness Group meeting. You can send your feedback before 7th February at: [www.monmouthshire.gov.uk/our-monmouthshire](http://www.monmouthshire.gov.uk/our-monmouthshire)

### BE Community Leadership Programme

Multiple dates in February

Free Trainings for Community Volunteers  
funded by the Rural Development Programme,  
Monmouthshire County Council

Keep an eye on our [events page](#) for updates!

